

# My Monthly Goals



**THIS MONTH'S GOAL:** \_\_\_\_\_

MY BIGGEST CHALLENGES \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Time To Break It Down...

## WEEKLY GOALS

WEEK ONE: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

WEEK TWO: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

WEEK THREE: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

WEEK FOUR: \_\_\_\_\_

I'll make this happen by:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

# My Weekly Goals



## THIS WEEK'S GOAL:

I'll make this happen by:

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### MONDAY TO DO LIST:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### TUESDAY TO DO LIST:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### WEDNESDAY TO DO LIST:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### THURSDAY TO DO LIST:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### FRIDAY TO DO LIST:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### SATURDAY TO DO LIST:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### SUNDAY TO DO LIST:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Notes:

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